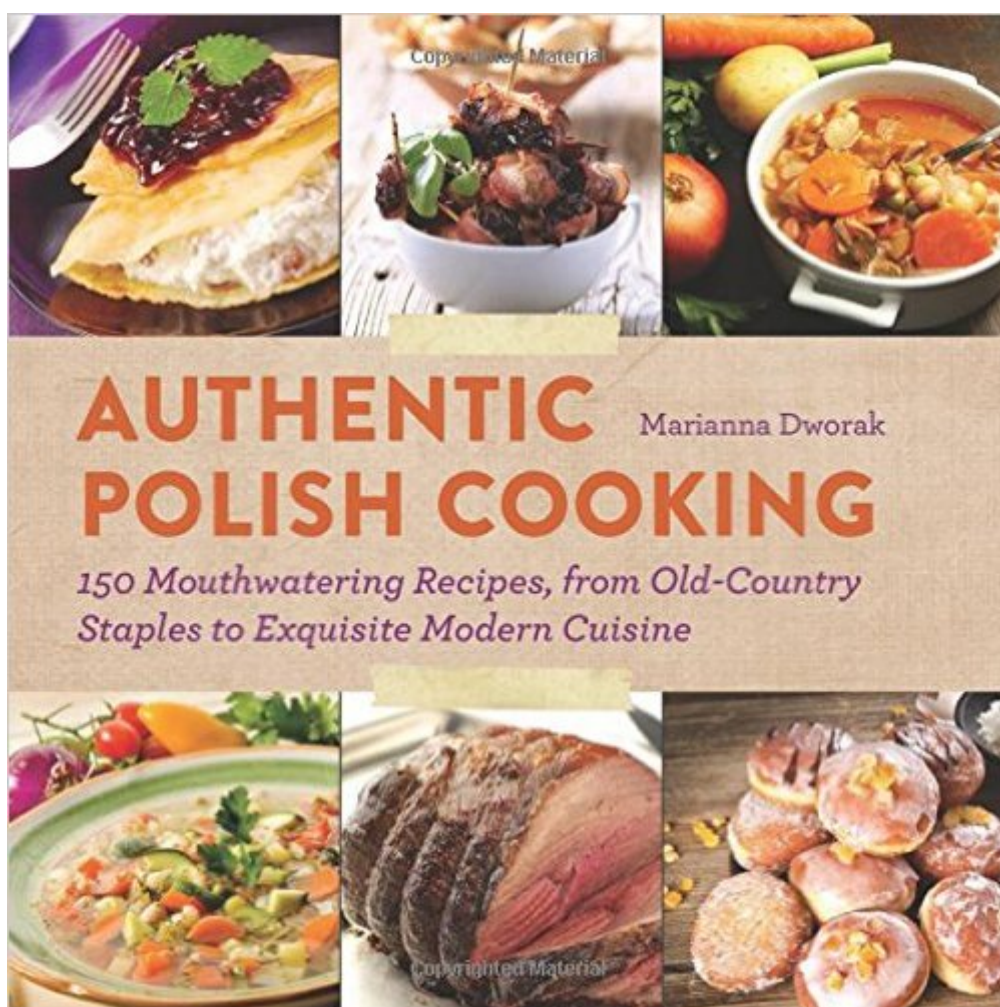


The book was found

# Authentic Polish Cooking: 150 Mouthwatering Recipes, From Old-Country Staples To Exquisite Modern Cuisine



## Synopsis

Polish cuisine is hearty and filling, and though some may think the Polish diet is all meat and potatoes, that is far from the truth. With its rich soups, innumerable salads and side dishes, tasty fish and vegetarian meals, colorful and delectable desserts, and yes, meat and potato fare, this cuisine consists of a wide variety of dishes incorporating a broad selection of cultural and regional influences that will have you licking your lips. Organized by course, this cookbook features more than one hundred recipes, including beet soup, cucumber salad, potato pancakes, Hunter's Stew, pork and rice stuffed cabbage leaves, traditional *œbabka* • cake, and of course, pierogies! Numerous recipes for veal, chicken, kielbasa sausage, pork, and beef dishes make this a great and thorough cookbook that is a fantastic addition to any kitchen. With easy-to-follow instructions for simple as well as more intricate dishes, a section on traditional holiday meals, estimated cooking times, and suggestions for healthy ingredient substitutions, this cookbook will teach anyone how to cook delicious Polish food. For those wishing to re-create their grandmother's favorite recipe, or those wanting to experience a new cuisine, Authentic Polish Cooking will bring a bit of Eastern Europe to your home.

## Book Information

Hardcover: 176 pages

Publisher: Skyhorse Publishing; 1 edition (November 13, 2012)

Language: English

ISBN-10: 1620870916

ISBN-13: 978-1620870914

Product Dimensions: 7.5 x 7.9 x 7.5 inches

Shipping Weight: 1.6 pounds

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (28 customer reviews)

Best Sellers Rank: #259,543 in Books (See Top 100 in Books) #22 in [Books > Cookbooks, Food & Wine > Regional & International > European > Polish](#)

## Customer Reviews

My first attempt trying to cook Polish food and it came out amazing! My boyfriend loved it! The recipes are easy to follow and delicious. I would recommend this cooking book to anyone who wants to try something new.

As a vegetarian I was skeptical to try out this polish cookbook-- but so happy I took the risk! The

strawberry pierogies are to die for and there is nothing like some warm asparagus soup. I would highly recommend this cookbook to everyone.

It's very rare to find a cookbook that offers recipes that are new and different. I loved making the soups and salads from this cookbook because my guests were happy to not have to eat the same old food. I had never cooked Polish food before but the recipes were all easy to follow. I plan on giving this book as a gift to my Polish roommate!

The recipes seem authentic, but many skip important details. A cake recipe tells us to bake the batter, but neglects to specify the type and size of pan. None of the recipes indicate the number of servings. I would only recommend this book to experienced cooks who can improvise. Also lacking are Polish names for most dishes.

brilliant large print, bright colorful pictures. Easy recipes and details. An excellent present for any true starter cookbook. Good Recipes.

This has great recipes and is very pretty. I just wish she would have also used the polish names for these dishes.

My family is Polish and these recipes bring back lots of fond memories of my grandmother's kitchen. The recipes are simple and easy to follow.

Love this cookbook! It has the classics along with some fun new recipes. I made the pierogies and they were delicious.

[Download to continue reading...](#)

Authentic Polish Cooking: 150 Mouthwatering Recipes, from Old-Country Staples to Exquisite Modern Cuisine Polish: Learn Polish Bundle 2-1 (Polish: Learn Polish in a Week! & Polish: 95 Most Common Phrases & 1000 Most Common Words): Polish Language for Beginners (Learn Polish, Polish, Polish Learning) A Treasury of Polish Cuisine: Traditional Recipes in Polish and English (Hippocrene Bilingual Cookbooks) My Italian Kitchen: Top 34 Easy Authentic Pizza, Pasta, Soup, Dessert Recipes for Spectacular Italian-Inspired Cooking (Authentic Cooking) Easy Hawaiian Cookbook: Authentic Tropical Cooking (Hawaiian Cookbook, Hawaiian Recipes, Hawaiian Cooking, Tropical Cooking, Tropical Recipes, Tropical Cookbook Book 1) Southern Cooking: for beginners -

Simple Southern Food Recipes - Old South Recipes (Southern Food - Southern Meals - Southern Recipes - Soul Food - American Cuisine Book 1) The Food and Cooking of Turkey: All the traditions, techniques and ingredients, including over 150 authentic recipes shown in 700 step-by-step ... and learn how to bring it to the modern table Traditional Cooking Box Set (5 in 1): Chinese, Indian, Korean and Wok Recipes for Your Inspiration (Authentic Recipes & National Cuisine) Dutch Oven Cooking: 30 Mouthwatering Dutch Oven, One Pot Recipes for Quick and Easy Campfire Meals (UPDATED) (Dutch Oven & Camp Cooking) Easy Portuguese Cookbook: 50 Authentic Portuguese and Brazilian Recipes (Portuguese Cookbook, Portuguese Recipes, Portuguese Cooking, Brazilian Cookbook, Brazilian Recipes, Brazilian Cooking Book 1) Polish Desserts: Polish Cookie, Pastry and Cake Recipes Polish Desserts! Polish Cookie, Pastry and Cake Recipes (Easy Ethnic Dishes Book 4) Kathy Gary's Polish Recipes: Complete Set of Kathy's Polish Recipe Books Authentic And Traditional Polish Recipes: Inspired By Babcia's Big Black Book Of Recipes Classic Hungarian Goulashes: Deliciously Decadent Hungarian Cuisine(hungarian recipes, hungarian recipe book, hungarian cookbook, hungarian cooking book, hungarian books, hungarian cuisine, hungarian Cooking for One Cookbook for Beginners: The Ultimate Recipe Cookbook for Cooking for One! (Recipes, Dinner, Breakfast, Lunch, Easy Recipes, Healthy, Quick Cooking, Cooking, healthy snacks, deserts) Cooking for Two: 365 Days of Fast, Easy, Delicious Recipes for Busy People (Cooking for Two Cookbook, Slow Cooking for Two, Cooking for 2 Recipes) Authentic Recipes from Vietnam: [Vietnamese Cookbook, Over 80 Recipes] (Authentic Recipes Series) Authentic Recipes from Jamaica: [Jamaican Cookbook, Over 80 Recipes] (Authentic Recipes Series) Crazy Sexy Kitchen: 150 Plant-Empowered Recipes to Ignite a Mouthwatering Revolution

[Dmca](#)